



Talking about *I Am Tiger*. After the Show

This resource has been created for teachers/parents/carers who are bringing young people to see the show. It's designed to help you talk about the show and its themes with your young people.

Talking Points

Ask each other, "How are you?" Once the question has been answered, ask again, "How are you feeling?" Always ask twice when you want to know how someone really is. This gives people the chance to answer honestly and not just say, "I'm fine."

How did the show make you feel?

Which single moment of Laura's journey really stood out to you?

Was there anything that surprised you about Laura's grief?

How did the lighting and sound design contribute to telling Laura's story? Think about the moment Laura stopped using the microphone for her internal voice. Why did that happen?

What did you think of the stage design? What do you think the staging represented?

"He doesn't say anything. He just listens. Which I realise is the kindest thing anyone has done for me for ages." What small changes can we make to become better listeners? Why does someone listening make such a difference for Laura?

Further Resources

If you are concerned about a young person after seeing this production, please refer to the Get Help page on the We Are Tiger website (www.wearetiger.co.uk) where you can also find links to a range of resources to support teachers discuss grief and suicide.